



KIND THINGS

ACTIVITY REPORT 2023–2024

Targeted support for people, animals, and institutions in need

KIND THINGS STICHTING ("KIND THINGS") is a public benefit foundation that pursues a mission of solidarity, compassion, and practical support for vulnerable groups and public interest institutions. Since its establishment in mid-2023, KIND THINGS has implemented a dynamic and diverse portfolio of charitable actions aimed at maximizing its positive impact on society, with a focus on transparency, measurable outcomes, and community empowerment. The Foundation's approach is twofold: direct financial assistance to third-party organizations and implementation of original programs aligned with its core values.

I. GRANTS, DONATIONS & CONTRIBUTIONS TO THIRD-PARTY ORGANIZATIONS

- €5,000 – Greek Orthodox Ecclesiastical Foundation 'O Evaggelistis Markos' (Dec 2023): Heating expenses for winter 2023–2024
- €20,000 – International Committee of the Red Cross (Dec 2023): Humanitarian aid for victims of the Gaza conflict
- €24,500 – Municipality of Trikala – Department of Social Services (Dec 2023): Daily food for flood victims in Thessaly
- €2,000 – GENESIS HELLAS (Dec 2023): Christmas dinner for homeless citizens
- €11,000 – FOOD ON (Jan 2024): Culinary course for low-income individuals
- €226.92 – Anestios (Feb 2024): IT equipment purchase
- €3,720 – General Hospital 'ELENA VENIZELOU' (Feb 2024): Egg cryopreservation tank
- €1,000 – GALAXIAS – Association of IBCLC Certified Lactation Consultants (Mar 2024): Annual conference organization
- €2,100 – Voluntary fire protection groups of Oropos, Attica (Jun 2024): Firefighting equipment

- €2,100 – Kipseli – Parents & Guardians Association of People with Disabilities (Jul 2024): Electrical appliances for day care center
- €3,100 – Scouts of Greece – Corfu Directorate (Jul 2024): Firefighting equipment
- €10,000 – Solidarity Now (Jul 2024): Programs supporting vulnerable populations
- €26,000 – Hellenic Fire Service (Oct 2024): Firefighter personal protective equipment
- €11,500 – Elementary School of Kaspakas, Limnos (Nov 2024): Window replacement
- €660 – 2nd Public Nursery School of Simandra, Chalkidiki (Nov 2024): Preschool educational materials
- €5,800 – FLOGA – Parents’ Association of Children with Cancer (Dec 2024): Christmas gifts for guesthouse children
- €143,000 – Animal Welfare Organizations – Save a Greek Stray, A Promise to Animals, Network for the Welfare of Animals of Anthousa–Gerakas–Pallini (2024): Mass sterilization campaigns for stray animals, Provision of animal feed, Advocacy for animals

In parallel to the grants, donations and contributions paid to third-party organizations, **KIND THINGS** designs, prepares, organizes, implements and executes its own programs and actions. More specifically:

II. IN-HOUSE PROGRAMS AND INITIATIVES

Program “Restart – Epanekinissi” (2024)

Launched in January 2024, this year-round initiative provides substantial financial and practical assistance to individuals and families experiencing long-term social and economic hardship, such as homelessness or living below the poverty line. In its first year, financial and/or material support amounting to €7,200 was granted to two eligible households who met the program’s criteria and submitted documentation through the relevant administrative procedure.

Program “Little Odyssey – Mikri Odyssia” (2024)

Also launched in January 2024, this program offers occasional financial support and practical aid to individuals facing acute social or economic adversity, enabling them to meet emergency needs. During the year, a total of €13,600 was distributed to 19 beneficiaries who qualified under the program’s established criteria.

Program “Hebe” – Egg Cryopreservation for Women with Cancer (Apr 2024–Spring 2025)

Established in collaboration with the public hospitals Agios Savvas, Metaxa, Elena Venizelou and the private clinic Genesis Athens, Program Hebe supports young women of reproductive age who have been diagnosed with cancer. It offers them the opportunity to preserve fertility by covering the costs of egg retrieval and cryopreservation prior to

beginning treatment. KIND THINGS has committed €20,000 to the program, aiming to support up to 40 women by spring 2025.

Infant Swimming Program (May 2024–)

Implemented in partnership with Olympic champion Christianna Valaka and certified trainers, this innovative program promotes early aquatic engagement, physical activity, and mental stimulation for children. It serves up to 30 minors residing in guesthouses of the Children's Protection Center of Penteli (Social Welfare Centre of the Region of Attica). With a budget commitment of €25,000, the program is being implemented on an ongoing basis.

Support Program for Flood Victims in Thessaly (2024)

In response to the devastating floods in Thessaly in autumn 2023, KIND THINGS launched a one-off emergency relief program in 2024 to assist affected residents in the village of Metamorfossi (Municipality of Palamas) and the Municipality of Trikala. The program provided food vouchers and school supply gift cards worth a total of €34,500 to 355 residents, with a particular focus on helping children return to school and restoring a sense of normalcy.